

Sanctuary T LUNCH

appetizers

soup of the day -- 6

edamame -- 6
sprinkled with your choice of T-Dust (Smokey Black, Citrus White, Spicy Rooibos) or plain

greek platter -- 9
homemade tzatziki, hummus, feta and mixed olives served with warm pita chips

sanctuary wings -- 8
our secret ingredient makes these the best wings in the city

wild mushroom tartine -- 9
on spiced flatbread over hudson valley goat cheese

fresh fruit salad -- 9
mixed fruits, low-fat yogurt and honey

warm brie crisps -- 8
creamy french brie brushed with honey on toasted crisps

fresh salmon tartar -- 12
with wasabi-green tea vinaigrette and toast points

check out our selection of fresh baked pastries at the counter

salads

steak salad -- 15
grilled steak, roasted tomatoes, feta cheese and hand-battered onion rings over mixed baby greens

goat cheese & beet salad -- 13
goat cheese fritters, roasted beets and spinach with walnut dressing

soho spa salad -- 10
turkey breast, roasted peppers, cucumbers, sprouts, carrots, cilantro, black olives and baby greens

sanctuary salad -- 11
mixed baby greens, blue cheese, dried cranberries and caramelized walnuts

salmon niçoise salad -- 15
salmon, potato, olives, and hard boiled eggs with mixed greens

grilled veggie salad -- 12
grilled seasonal vegetables over mixed greens

mixed baby greens salad -- 8
mixed greens, fried shallots and tomatoes in house vinaigrette, add grilled chicken +4, grilled shrimp +6

entrees

traditional fish & chips -- 16
hand battered fish served with homemade tartar sauce and french fries

red moon salmon -- 18
grilled salmon marinated in strawberry pepper tea with kaffir lime sauce served with israeli couscous

grilled free range chicken -- 14
french-cut, grilled chicken served with wild mushroom sauce and haricots verts

grand street steak -- 18
grilled hanger steak served with greens, confit tomatoes and french fries

ravioli of the day -- 14
ask your server about today's seasonal preparation

prix fixe lunch

soup of the day or mixed greens salad

any salad or sandwich
dessert and tea

19

(prix fixe is cash only please)

sandwiches

burger slider -- 9 (additional slider, +5)
half-size hamburger on fresh brioche with roasted tomato, onions and cornichons

grilled chicken sandwich -- 10
grilled free range chicken with pickled ginger and mustard on whole grain bread

smoked turkey club -- 10
smoked turkey with apple smoked bacon and raspberry chutney on whole grain bread

grilled cheese -- 8
melted swiss cheese and roasted tomatoes

grilled veggie sandwich -- ??
assorted grilled vegetables served in a brioche with balsamic glaze

california crepe -- 10
grilled seasonal vegetables and roasted garlic with tomato sauce

spa wrap -- 12
salmon gravlax, cucumber, dill, fat free yogurt and capers in a low carb wrap

breakfast all day

sugar crepe -- 9
melted butter and sugar in a classic french crepe

bacon, egg & goat cheese sandwich -- 10
organic egg, apple smoked bacon and goat cheese on a toasted croissant

steak and egg sandwich -- 14
grilled hanger steak and eggs topped with chipotle sauce on ciabatta bread

omelet selection -- 11, choose one:
farmer: asparagus & feta cheese
american: ham & swiss cheese
garden: tomatoes & herbs
(for egg white only, +2)

truffled croque monsieur -- 14
grilled ham and cheese sandwich with truffle oil infused béchamel sauce

sides -- 4
french fries
truffled mac & cheese (+4)
mixed vegetables
two eggs any style
bacon